

Bouldering Cave Rules:

1. SPOTTERS:

- a. We recommend you have a 'spotter' at all times,**
- b. Climbers are responsible for appointing their own spotters,**
- c. Spotters do not guarantee an injury-free fall,**
- d. Climbers should always assess their comfort level in spotting another climber, or in being spotted.**

2. MATTING:

- a. Matting has been installed to help prevent injury in the event of an unintentional fall. They cannot however, totally remove the risk of an injury-free landing,**
- b. It is the climber's responsibility to ensure there is sufficient matting under the wall they intend to climb.**
- c. No jumping, wrestling or playing on mats.**

3. No food or drink is to be taken into the cave area; it MUST remain in the lounge area.

4. No loose chalk permitted in the bouldering cave. Boulder bags are available for hire at the reception counter.

5. No children are permitted unless on a supervised session or under direct supervision of parents.

6. RESPONSIBILITY:

- a. Boulder within your own personal limits, do not climb beyond your level of climbing skill.**
- b. If you are concerned about injuries from using these training facilities then do not attempt training in this cave.**
- c. Remember! Bouldering safely is YOUR responsibility!**